

# The high apple plateau of Naz- Sciaves/Natz-Schabs



## Excursion in the sign of the apple

### Itinerary:

Begin by walking in Raas on the path which bears through the orchards (red-white signposting n. 4) to the centre of Natz. Walk in the direction of Viums and right outside the village, turn to the right (white-blue signposting). Continue to walk till you arrive to the "Waldner Tor", where you have a beautiful view to the Rodengo Castle. A forestry path bears to the village Schabs (white-blue signposting), from there to the small lake "Flötscher" (red-white signposting n. 2) and then back to Rasa through the apple orchards (red-white signposting n. 2).

If you are still fit, you can continue your excursion till Aicha. Begin by walking west from the centre of Schabs through the orchards (red-white signposting n. 8a) till you arrive to the main road, where the petrol station "Ladestatt" is situated. There starts a path (red-white signposting 8a) which bears to the hill "Ochsenbühel" and then to Aicha. To go back to Schabs take the path through the forest (red-white signposting n. 9a).

Starting point: Raas

Walking time: 3 or 5 hours

Highest point: 890 m

Height difference: 500 m

Best season: from april to november

Difficulty: easy

## Natz – Brixen

### Itinerary:

This trail bears from Natz to Brixen. Begin by walking on the trail to Elvas (red-white signposting n. 1), then descend to the city Brixen. The trail to go back (red-white signposting n. 16) runs along the river Isarco to the Abbey of Neustift. From there a trail (red-white signposting n. 4) bears to Raas crossing under the main road to the trail n. 8 with the red-white signposting. Then you go back to Natz on the blue-white signposted trail crossing the biotope "Raier Moos".

Starting point: Natz

Walking time: 3,5 hours

Highest point: 890 m

Height difference: 700 m

Best season: all year round

Difficulty: easy

